

Safe Storage of Medicines – Patient Information Leaflet

- **ALWAYS keep medicines out of the sight and reach of children and vulnerable adults.**
- Always store medicines in a place where children and vulnerable adults can't see them or get at them.
- Check how your medicine should be stored and for how long.
- Medicines must be stored in a secure manner and in conditions that will not affect their potency.
- Some medicines need to be kept in the fridge. If this is the case, it will be written on the label, box or patient information leaflet. Again, keep these out of the sight and reach of children and vulnerable adults, perhaps at the back of the fridge.
- Some medicines are known as controlled drugs and they have stricter legal controls. The best place to store controlled drugs is a lockable cabinet out of the sight and reach of children and vulnerable adults, and away from heat, light and moisture.
- Medicines should be kept in a dry atmosphere (not in a warm and damp atmosphere such as a bathroom).
- Medicines should always be kept in a cool, dark place because exposure to heat and light could result in them not working as they should.
- The best place to store medicines is a lockable cabinet out of the sight and reach of children and vulnerable adults, and away from heat, light and moisture.
- It's best to keep medicines in their original packaging, with the patient information leaflet still inside the box.
- Be aware that medicines have an expiry date. The expiry date will be clearly shown on the box or on the blister/strip. **NEVER take a medicine after it has expired.**
- Never share your medicines with anyone else. Never give your medicines to anyone else.
- If you ever have any questions or need further information about anything, please don't hesitate to get in touch with the pharmacist at High Speed Pharmacy. We are here to help.